



SWISS TEAM CHALLENGE 2026 – Invitation

General Information

Date: Saturday – Sunday, 02. – 03. May 2026

Location: [Schlossbadi Frauenfeld, Schlossmühlestrasse 26, 8500 Frauenfeld](#) ↗

Arrival: Pool and competition area is within a 10min walk from Frauenfeld train station.
Arrival by car: A7 -> Exit Frauenfeld West -> Direction Frauenfeld Zentrum.
The route from the highway exit as well as the route from the train station is marked.

Parking: Free parking is available near the pool and the accommodations.

Registration: The registration is parted into two segments:
The competition-registration runs on the platform LCAS. A step-by-step guide is Available in the Attachment “Guide Event Registration LCAS”

Link LCAS: <https://www.lcas.ch/stc26/registration>

The separate Event Pass Registration (Accommodation, Catering, etc.) is done via a separate Google-Forms:

Link Forms: <https://forms.gle/Q4SQ2j4U155JYnvU6>

Participating clubs register their delegations on LCAS and Forms by **10. April 2026**; this registration is **binding**.

Modifications of the registration LCAS (registration times, team arrangements) can be made until **24. April 2026**.

Event Pass: Every participant receives an event pass. This pass includes starting fees, catering and the normal accommodation.
No reduction is possible for unused individual services.

Event pass (competition, catering, normal accommodation)	100 CHF
+ addition accommodation plus	+ 20 CHF

Accommodation: An accommodation is available for the overnight stay. There are two different accommodation options available which are explained below:
Overnight stays in tents or campers are not possible.
All options refer to the Night from Saturday to Sunday; there is no option for the Night from Friday to Saturday.

**Accommodation normal:**

Location: Klösterli (Klösterliweg, 8500 Frauenfeld) 7 (within walking distance)

Description: dormitory style; own mattress and sleeping bag required

Accommodation plus:

Location: ZSA-Neuhauserstrasse (Neuhauserstr. 21, 8500 Frauenfeld) 7; (within walking distance)

Description: civil defence shelter (dormitory style); own sleeping bag required

Places in the accommodations are limited and will be allocated in order of registration.

Catering: included in the event pass are:

- Saturday dinner
- Sunday breakfast
- Sunday lunch

Insurance: Insurance is the responsibility of the participants.

Consent: By registering for and participating in the Swiss Team Challenge, participants grant their consent for photo and video material of them to be recorded, used, and published.

Competition Information

Pool: Open-Air 8x50m, depth 2m

Categories: Youth, 2008 and younger
Open, 2010 and older

To participate in the Swiss Team Championship, participants must hold at least an SLRG 'Brevet Basis Pool' (Open category) or an SLRG 'Youth Brevet' (Youth category). International participants must hold an equivalent lifesaving qualification.

Teams: A Team consists of a maximum of 6 Athletes. Each person is only allowed to start in one category and Team. Female Athletes may start in with a male Team.

Disciplines: The competition includes the following disciplines:

Team:	4 x 25m	Manikin Relay
	4 x 50m	Medley Relay
	4 x 50m	Pool Lifesaver Relay
	12.5m	Line Throw (2 spots per team)

Individual:	50m	Manikin Carry
	100m	Rescue Medley
	100m	Manikin Carry with Fins
	100m	Manikin Tow with Fins
	100m	Manikin Lifesaver Medley
	200m	Superlifesaver

SWISS TEAM CHALLENGE 2026

Email: info@swiss-team-challenge.ch

 [stc_2026](#)



Ranking: The achieved times are converted into points (Swiss Record = 1000 pts.)

Individual combined ranking
Best 4 Disciplines count towards the final ranking

Team combined ranking (Swiss Team Challenge)
scores from the team disciplines as well as the best individual result per team and discipline counts.

1st – 3rd Place per ranking and category receives a medal.

Rulebook: The competition is based on the ILS-Rulebook 2025 Edition.

Prov. Schedule: The Schedule below is Subject to chance and depending on the total number of participants. A final Schedule will be shared after the registration deadline.

Saturday, 02.05.2025

08:30	Opening Pool
09:30	Team manager meeting
10:00	Start of competition
-	
17:00	end of competition day
18:00	dinner
<i>afterwards</i>	<i>relaxed evening Program</i>

Sunday, 03.05.2025

08:00	Opening Pool
09:00	Start of competition
-	
15:00	End of competition
<i>afterwards</i>	Medal ceremony

Further information: Should you have any questions, feel free to reach out to the organizers [via email](#) or DM us [on Instagram](#).